



Tabun

EXPRESS

Arabic gastronomy

The TABUN Restaurant opened its doors in 2008 in the Mall Villa Grande, in Envigado and since 2009 we have been located in Provenza, in Poblado, being pioneers of Arab gastronomy in Medellín.

With Tabun Express we are offering the same quality and flavor of our cuisine, innovating with the Shawarmas and the best Arabic fast food that you can find in the city.

Our Shawarma specialty is prepared with fresh Pita Bread of the day, a tower of 100 kilos of chicken seasoned with our unique recipe from Israel that you can accompany with exquisite salads, lemonades and a much more variety of Arab fast food.



ENTRIES

FALAFEL (unit)

Exquisite ball, mix of chickpeas with parsley and sesame seeds **\$1.500**

KIBBE

Meat empanada mixed with wheat semolina and spices accompanied by tahini sauce **\$5.500**

FIG LEAF

Fine and exotic vine leaves stuffed with rice, chicken and parsley **\$4.700**

HUMMUS

Cream made from chickpeas, tahini and spices **\$16.900**

Hummus with falafel **\$19.900**

Hummus shawarma **\$22.900**



ADDITIONS

POTATOES OF THE HOUSE

Our unique and original potatoes bathed in sweet and sour sauce **\$12.900**

ARABIC RICE

Rice with almonds and spices **\$8.900**

SALADS

HAMSALATIS

5 salads with hummus and pita bread **\$14.900**

TABULE

Exquisite mix of finely chopped tomato, onion, mint and parsley with wheat semolina **\$16.900**

BABAGNOSH

Mix of processed smoked aubergines with tahini sauce **\$17.900**





BAKERY

PITA BREAD \$2.500

5 PITA BREAD (to carry out) \$8.900

MAINDISHES

Like the Middle Eastern tradition, our entrees come with 4 hummus salads and pita bread to start.

KEBAB

Means "grilled meat" in Persian. There are many varieties of Kebab depending on the country of origin and the meat.

ISRAELI PARGIUT

Delicious chicken skewers made over charcoal \$36.900

IRANIAN KEBAB

Exquisite skewers of ground beef, lamb fat and spices \$39.900



SHAWARMA

Our unique chicken shawarma recipe with a 24-hour marinating process

ISRAELI

Finely diced spiced chicken fillets (from the tower) \$34.900

TURKEY

Finely chopped spiced lamb fillets \$42.900



MOROCCAN SALMON

Salmón a la plancha con almendras, cilantro y perejil, verduras y especias **\$44.900**

MIXTO TEL AVIV

Grilled salmon with almonds, coriander and parsley, vegetables and spices **\$41.900**

SCHNITZEL

250 g of chicken breast with our only breaded of the house **\$38.900**

BITTERSWEET CHICKEN

Israeli recipe for sweet and sour chicken pieces **\$35.900**



VEGETARIAN DISHES

ARABIC FALAFEL

Exquisite chickpea pancakes, herbs and spices covered with hummus and tabbouleh **\$33.900**

GOLÁN

Chickpeas with spinach in coconut milk and tomato **\$29.900**



MIXED

TABUN DISH (1 person)

4 salads, main course: a kibbe, vine leaf, hummus, house potatoes, Arabic rice and chicken shawarma **\$29.900**

ARABIC MIXED (2 persons)

4 salads with hummus and Arabic bread, 2 kibbes, 2 grape leaves, 2 falafel. Main course: chicken shawarma and ground beef kebab, with almond rice and house potatoes **\$69.900**

TURKEY MIXED (2 persons)

4 salads, hummus with meat and Arabic bread. Main course: lamb shawarma and lamb kebab in teriyaki sauce, with house potatoes and Arabic rice **\$79.900**

LARGE ARABIC MIXED (4 persons)

The table of 8 salads, hummus with Arabic bread, 3 kibbes, 3 vine leaves, 3 falafel, plate of 6 Arabic chicken skewers, ground beef, sirloin and chicken hearts, accompanied by Arabic rice and house potatoes **\$119.000**



SANDWICH

The traditional sandwich comes with hummus and tahini, Arabian salad and French fries inside our pita bread.

You can order the sandwich to your liking, informing if you want to make a change of salad or potatoes

ARABIC SANDWICH Pita

FALAFEL

Falafel little balls **\$16.900**

SHAWARMA PITA

Fine pieces of chicken from our tower shawarma **\$19.900**

SHISH KEBAB

ground beef patties **\$26.900**

TURKISH LAMB SANDWICH

Fine pieces of lamb with spices **\$32.900**



CHILDREN'S MENU

CHICKEN FINGERS

Breaded Chicken Milanesita with French Fries **\$14.900**

Our juices made with 100% fresh fruits, unique blends and an exquisite variety of lemonades

NATURAL LEMONADE

Frapped **\$6.000**

ARABIC LEMONADE

Lemon and mint frappé **\$7.900**

PINK LEMONADE

Frapped **\$8.900**

COCONUT LEMONADE \$9.900

WATERMELON WITH PEPPERMINT

Granita **\$8.900**

TUT

strawberry with banana **\$8.900**

COCUS

Pineapple, banana and coconut **\$9.900**

BEVERAGES

REGULAR WATER \$5.900

SODA WATER \$5.900

SODA \$6.900

MICHELADA \$3.000

FLAVOR SODA

Refreshing sodas flavored with cherry, passion fruit or mango biche **\$7.900**

COCA COLA \$4.900

BEERS

NATIONALS:

CLUB DORADA \$6.900

ÁGUILA : Normal, light \$6.900

BBC: Chapinero, Monserrate, Cajicá Miel \$7.900

IMPORTED:

CORONA \$9.000

STELLA ARTOIS \$9.000





DESSERTS

BAKLAVA

Delicious Arabic dessert with filo pastry, walnuts and pistachios
\$15.900

**PITA BREAD WITH NUTELLA,
BANANA AND STRAWBERRY**
\$9.900

COCKTAILS

RED RUBY ARAK

Cocktail served in a nargila with arak, vodka, triple sec, grenadine, lemon **\$29.900**

YALLA COCTEL

Tanray, cumin and lemon cordial, mandarin juice, orange bitters, dry ice **\$27.900**